



Itchen Abbas Primary School

Evidencing the Impact of the
Primary PE and Sports
Premium

2024 to 2025

Overview

At Itchen Abbas Primary School, we are passionate about using the Primary PE and Sport Premium to ignite a lifelong love of physical activity, sport, and wellbeing. Our mission is to deliver high-quality, inclusive PE that excites and inspires every child — helping them to develop fundamental skills, grow in confidence, and embrace an active, healthy lifestyle. We are committed to creating lasting, positive change through sport, embedding a culture where every pupil feels motivated to move, compete, collaborate, and thrive — both in school and beyond.

Key Achievements in 2024/25

Outstanding Team Success

- **Football:**
Our mixed football team were crowned champions of the Winchester and North Eastleigh League, a fantastic achievement that reflects their outstanding teamwork, commitment, and determination across the season.
- **Netball:**
Our Year 5/6 mixed netball team proudly represented the school in the Winchester Schools Netball Tournament, demonstrating fantastic teamwork, determination, and a growing passion for the sport. Their commitment on the court reflects the positive sporting values we strive to build in all our pupils.
- **Multiskills:**
A group of Year 1/2 pupils took part in a Multiskills Festival, where they had the chance to explore a range of fun, active challenges designed to develop agility, balance, and coordination. The event was a brilliant opportunity for our younger children to experience the joy of sport in a supportive, non-competitive environment. Their energy, teamwork, and positive attitudes shone throughout the day — a fantastic foundation for their future in physical activity!

Whole-School Initiatives

- **Mile Walks Around the School Grounds**
At Itchen Abbas Primary School, our regular mile walks have become a much-loved part of the school week. Pupils from all year groups take part in these peaceful, active sessions — exploring the school grounds, enjoying the fresh air, and developing physical stamina in a calm, supportive environment. It's a simple but powerful way to promote wellbeing and daily movement.
- **Santa Run**
December saw the school transformed into a sea of red hats and festive cheer as we took part in our annual Santa Run. Pupils — and staff! — ran, jogged or danced their way around a festive course, celebrating the joy of movement and community spirit. The Santa Run is not only a highlight of our school calendar, but also a brilliant reminder that staying active can be fun and filled with laughter.
- **Mini Marathon**
Our pupils rose to the challenge of the Mini Marathon, completing distance targets with enthusiasm and resilience. Whether pacing themselves or cheering on their peers, every child played a part in the event's success. The Mini Marathon gave pupils a taste of personal achievement and goal setting, encouraging them to believe that with effort, they can go the distance.

- **Archery Competition**

This year, pupils had the chance to try something new with our exciting archery competition. Precision, focus, and self-discipline were the key skills on show as children aimed for the target and celebrated their progress. It was an inspiring opportunity to experience a less traditional sport and highlighted how diverse physical activity can be at Itchen Abbas.

Increased Participation and Engagement

- **Extra-Curricular Clubs:**

We've seen a fantastic rise in pupil participation across after-school sports clubs, with children actively engaging in a wide variety of activities linked to invasion games, striking and fielding, and net/wall sports. By using sports such as football, cricket, rounders, and tennis as vehicles, we're able to teach the core skills and strategies needed for success across these disciplines. This growth reflects the strength of our inclusive approach and the way our curriculum broadens the appeal of physical activity for all pupils — encouraging teamwork, resilience, and a genuine love for sport. Our commitment to inspiring every child through movement goes beyond traditional sports. We're thrilled to have **Intergr8 Dance** delivering a high-energy after-school club, bringing creativity, rhythm, and expression to our physical activity offer. This exciting addition ensures pupils of all interests and abilities can find their passion — whether on the pitch or the dance floor — and helps us celebrate the joy of movement in all its forms. It's yet another way we're making physical activity fun and inclusive.

- **Girls only club to celebrate Women in Sport**

To celebrate **Women in Sport Day**, we launched a girls-only after-school club in partnership with Portsmouth FC — creating an unforgettable experience for our pupils. Two professional players from the club visited to lead an empowering football session and deliver a whole-school assembly focused on the barriers women and girls can face in sport. Their message of resilience, determination, and equality inspired our pupils and reinforced our commitment to breaking down stereotypes and opening up opportunities for all.

Impact of Sports Premium Funding

- **Increased Participation Across the School:**

Every child at Itchen Abbas Primary School now engages in at least 30 minutes of physical activity every day, thanks to a wide range of active initiatives, games, and opportunities (which will be taken part in at lunch times). Participation in both curriculum PE and extracurricular clubs continues to rise — with more pupils than ever embracing active, healthy lifestyles.

- **Boosted Confidence and Wellbeing:**

Pupils are showing greater confidence, enjoyment, and engagement in PE lessons and sports clubs. This positive attitude towards physical activity has had a noticeable impact on their overall mental wellbeing, self-esteem, and readiness to learn.

- **Stronger Teamwork and Sporting Skills:**

Our recent successes in team sports have helped to nurture collaboration, leadership, and resilience among pupils. Whether winning tournaments or encouraging one another during training, pupils are growing not only as athletes but as teammates and role models.

- **Empowered and Skilled Staff:**

Staff have benefited from valuable professional development opportunities, working alongside qualified coaches in football, multi-sports, and dance. This has boosted confidence, improved the quality of PE delivery, and strengthened our ability to offer dynamic, inclusive, and high-quality lessons to every child.

Next Steps

- **Expand and Enrich Inclusive Sport Opportunities:**

Continue to develop a wide range of inclusive physical activities that ensure every child — regardless of ability or background — can find joy, challenge, and success in sport.

- **Grow Competitive and Enrichment Opportunities:**

Support the development of school teams while broadening the variety of sports and clubs offered, enabling pupils to explore new interests and represent the school with pride.

- **Measure Impact and Prioritise Wellbeing:**

Regularly monitor and evaluate how physical activity is supporting pupils’ physical health, emotional wellbeing, and personal development, ensuring our provision meets the needs of every learner.

PE and Sport Premium Outcomes

Initiative/Activity	Participation	Impact/Outcome
Winchester and North Eastleigh Football	Mixed Football team	Winners
Winchester Netball Competition	Netball team	Group stages
Santa Run	All pupils	Run around the school site for 30 mins; improved fitness and daily activity levels
Clubs (Net Wall, Striking and Feilding, Invasion Games)	Increased numbers	Higher engagement; broader sporting opportunities
Dance Club	Full numbers on club	Most entertaining trophy

Reporting PE and sport premium grant expenditure - your funding allocation

1. Funding grant

Is the total amount for PE and sport premium grant for academic year 2024 to 2025 correct? **Yes**

Did your school have any unspent grant funding from the allocation for academic year 2024 to 2025? **No**

Did your school carry forward any grant funding from previous years for use in academic year 2024 to 2025? **No**

Declaration 1 **I have the authority to submit this return on behalf of my school**

Declaration 2 **the data is true and accurate to the best of my knowledge**

Reporting PE and sport premium grant expenditure - categories of grant spending

2. Categories of grant spending

Has your school spent any of its PE and sport premium grant on CPD? **Yes**

How much has your school spent on CPD external training courses? **1500**

How much has your school spent on CPD upskilling staff to deliver swimming lessons? **0**

How much has your school spent on CPD internal learning and development? **5000**

How much has your school spent on CPD inter-school development sessions? **3000**

How much has your school spent on CPD online training / resource development? **3000**

How much has your school spent on CPD external coaches supporting confidence and competence? **0**

External training courses **1500**

Upskilling staff to deliver swimming lessons **0**

Internal learning and development **5000**

Inter-school development sessions **3000**

Online training / resource development **3000**

External coaches supporting confidence and competence **0**

Total school spending on CPD	12500
Has your school spent any of its PE and sport premium grant on internal activities?	Yes
How much has your school spent on internal school based extra-curricular opportunities?	5000
How much has your school spent on internal sports competitions?	0
How much has your school spent on internal top-swimming lessons or broadening aquatic opportunities for pupils?	350
How much has your school spent on internal active travel?	0
How much has your school spent on internal equipment and resources?	1000
How much has your school spent on internal membership fees?	0
How much has your school spent on internal use of educational platforms and resources?	0
School based extra-curricular opportunities	5000
Internal sports competitions	0
Top-up swimming lessons or broadening aquatic opportunities for pupils	350
Active travel	0
Equipment and resources	1000
Membership fees	0
Use of educational platforms and resources	0
Total school spending on internal activities	6350
Has your school spent any of its PE and sport premium grant on external activities?	No

Total CPD category spend	12500
Total internal category spend	6350
Total external category spend	0
Total spent of PE and sports premium	18850
Declaration 1	I have the authority to submit this return on behalf of my school
Declaration 2	The data is true and accurate to the best of my knowledge

Reporting PE and sport premium grant expenditure - opportunities, impacts and sustainability details

3. Opportunities in sport

Has your school targeted any spending on providing or improving opportunities in PE, sport and physical activities for pupils with SEND or long-term medical conditions?

Yes

SEND list

Training or CPD to support inclusive PE sport and physical activity provision, Supporting participation in extra-curricular opportunities or competitions, Top-up swimming lessons for pupils requiring additional assistance

Has your school targeted any spending on increasing or improving girls' access to PE lessons or access to extra-curricular sport and physical activities?

Yes

How has this been done?

Training or CPD to support including girls in PE sport and physical activity, Supporting participation in extra-curricular opportunities or competitions, Specialist focused activities for girls , Community club engagement or pathways for girls

Has your school targeted any spending on providing or improving opportunities in sport and physical activities for disadvantaged pupils?

Yes

Confirm how for disadvantaged pupils from the options listed below:

Stronger parental engagement eg: school assemblies, Stronger parental engagement eg: leaflets and home support, Staff training and CPD specific to tackling inequalities in relation to sport and physical activity

4. Perceived impacts and improvements

What impact has this funding had within your school on increasing all staff's confidence, knowledge and skills in teaching PE and sport? **Positive impact**

What impact has this funding had within your school on increasing engagement of all pupils in regular physical activity and sport? **Positive impact**

What impact has this funding had within your school on raising the profile of PE and sport across the school to support whole school improvement? **Positive impact**

What impact has this funding had within your school on offering a broader and more equal experience of a range of sports and physical activities to all pupils? **Positive impact**

What impact has this funding had within your school on increasing participation in competitive sport? **Positive impact**

Has your school's PE and sport premium spending achieved any of the following? **An increase in pupils' attainment in PE, An increase in pupils' physical activity levels, An increase in the number of pupils participating in school sport , An increase in the number of pupils participating in extra-curricular activities , An increase in staff completing training and CPD**

What impact has your school's spending of this funding had on PE attainment? **Positive impact**

What impact has your school's spending of this funding had on increasing teachers' confidence and competence in teaching PE and school sport? **Positive impact**

What impact has your school's spending of this funding had on increasing teachers' confidence and competence in teaching PE and school sport? **Positive impact**

What impact has your school's spending of this funding had on increasing pupil participation in extra-curricular activities? **Positive impact**

5. Sustainability

What impact has your school's spending of this funding had on ensuring that the improvements made are sustainable? **Positive impact**

6. Swimming and water safety

Does your school have year 6 pupils?	Yes
What percentage of pupils in your current year 6 cohort can swim competently, confidently, and proficiently over a distance of 25 metres?	83
What percentage of pupils in your current year 6 cohort can use a range of strokes effectively (e.g. front crawl, backstroke, and breaststroke)?	83
What percentage of pupils in your current year 6 cohort can perform safe self-rescue in different water-based situations?	100
What impact has your school's spending of this funding had on swimming and water safety attainment?	Positive impact

7, Declarations

Declaration 1	the information contained in this PE and sport premium assurance return is accurate and has been signed off by the school headteacher
Declaration 2	the information contained in this PE and sport premium assurance return is accurate and has been authorised by Chair of Board of governors or trustees
Declaration 3	the reported spending detailed within this submission will be published on our school's website
Declaration 4	I am authorised to submit this PE and sport premium assurance return on behalf of my school

8. Feedback

How long did it take you to gather the relevant information to complete this submission?	2 to 4 hours
How long did this submission take you to complete?	2 to 4 hours
In comparison to producing a written report, how much time did it take to complete this form?	It took more time
In comparison to producing a written report, how straightforward did you find completing this form?	It was less straightforward

9. School specifics

Enter the total amount of grant funding your school received for academic year 2024 to 2025	16580
Full school name	Itchen Abbas Primary School
Declaration 1	I have the authority to submit this return on behalf of my school
Declaration 2	the data is true and accurate to the best of my knowledge

Headteacher:  (R. Bogan) 18.07.25

PE Lead:  (S. Robbins) 18.07.25

Governor Lead: *S Priest* (S. Priest) 18.07.25